RAGOZZINO
THAT'S TRULY ITALIAN

Analysis: Sugo Spaghetti Sauce 1/7/97 1:22 pm

NUTRITION FACTS

Serving Size (100 g)
Servings per Container --

Amount Per Serving		
Calories 45	Calories from Fat 20	
		% Daily Value*
Total Fat 2 g		3%
Saturated fat 0 g		0%
Cholesterol 0 mg		0%
Sodium 440 mg		19%
Total Carbohydrate 7 g		2%
Dietary Fiber 0 g		0%
Sugars 5 g		
Protein 1 g		

Vitamin A 2%	Vitamin C 15%	Calcium 2%	Iron 4%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2000	2500
Total Fat	Less than	65 g	80 g
Sat Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2400 mg	2400 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g

Calories per gram:
Fat 9 Carbohydrate 4 Protein 4

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