

## **21<sup>st</sup> Century Fall After-School Activities @ PPS**

**\*All registrations must be submitted online by following the steps below\***

- You can register online by going to the Orange Public Schools Web Store at  
<https://orange.revtrak.net>
  - A link can also be found on the OEES website under **Family Resources** & click **Online Payments**
  - Select the Activities Program button
  - Make a payment using a Discover, VISA, or MasterCard debit or credit card. All costs include a service fee.
  - This is the same payment system used by the Lunch Program and 21<sup>st</sup> Century.

## **Flag Football (Grades 4-6)**

**When: Monday Time: 3:20-4:20 p.m. Dates: 10/16, 10/23, 10/30, 11/6, 11/13, 11/20 (Snow day 11/27)**

**Cost:** \$72

Mr. Brady, Physical Education teacher at The Peck Place School, will be the instructor of this class. The rules of Flag Football will be taught, strategy will be discussed, sportsmanship will be emphasized, and then... let the games begin!

## Crafty Hour (Grades 3-6)

**When:** Monday    **Time:** 3:20-4:20 p.m.    **Dates:** 10/16,10/23,10/30,11/6 (Snow day 11/13) \*4 weeks

**Cost: \$60**

The Peck Place School's very own Mrs. A. Miller is excited to host Crafty Hour. All materials needed for each week's craft will be supplied. Crafts will include life-size scarecows, ornaments, beaded bracelets, and decorated shells. Come learn how fun crafting can be!

**Yoga (Grades 1-4)**

**When: Monday** Time: 3:00-4:00 p.m. Dates: 10/23, 10/30, 11/6, 11/13, 11/20 (Snow day 11/27)

**Cost:** \$60

Yoga encourages children to be children. Imitation of animals, nature and everyday objects comes naturally to them . Yoga taps into children's natural abilities and interests , while helping them to develop strength, flexibility and an overall sense of well-being . Yoga helps children cope with stress in our hectic world . It helps them to see the beauty and light within themselves, boost their confidence, allow them to feel more comfortable in their bodies, boost their self-confidence and help them get in touch with who they are inside . Come have fun on the mat!!!

Fun Sportz Program (Grades 1-3)

**When:** Tuesday    **Time:** 3:00-4:00 p.m.    **Dates:** 10/10, 10/17, 10/31, 11/14, 11/21 (Snow day 11/28)

It all starts with fun - and plenty of it. Fun Sportz America programs open up a world of introductory sports fun for your child. Multi Sport Program for Grades 1-3 include: soccer, baseball, kickball, floor hockey, basketball

baseball, kickball, flag football, soccer, basketball, tennis, volleyball, and more! Along with group games, sports specific drill work and personalized instruction, each participant will improve their skills in a non-competitive environment. Qualified instructors and educators will be there every step of the way, as your child gains self-confidence and self-esteem. With a Fun Sportz America Multi-Sport program, we take out the competitive pressure and put in the fun. That's our guarantee. A t-shirt is included with the fee.

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### **Girls' Lacrosse (Grades 3-6)**

**When: Tuesday Time: 3:30-4:30 p.m. Dates: 10/10,10/17,10/31,11/14,11/21 (Snow day 11/28)  
Cost: \$60 \*no classes 10/24 or 11/7**

Interested in learning how to play girls' lacrosse? Want to improve your skills and knowledge of the game? Samantha Carpinello played Division 1 lacrosse in college and has coached numerous teams, and is an intern at Turkey Hill School. She is excited to strengthen your skills and show you how fun girls' lacrosse can be!

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**Karate (Grades 1-6)**

**When: Wednesday Time: 3:00-4:00 Dates: 10/11,10/18,10/25,11/1,11/8,11/15 (Snow day 11/29)  
Cost: \$94**

The Karate Club is a dynamic and energetic after-school program that will benefit children in a number of ways. They will engage in various Martial Arts techniques and activities, while learning important skills such as discipline, focus, self-control and confidence. All new students will receive a white belt and karate club t-shirt. Chief instructor is Adam Rylski from Assembly of the Martial Arts Academy.

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**Cooking in Color (Grades 1-6)**

**When: Thursday Time: 3:00-4:00 p.m. Dates: 10/12,10/19,11/2,11/9,11/16 (Snow day  
11/30) Cost: \$54 \*no class 10/26**

Kids! Get cooking in the colors of the rainbow! Make colorful muffins, scones and other tasty snacks featuring bright, juicy fruits and vegetables. Learn basic cooking techniques, prepare your own snack at school and take home a sample for the family to try. This class will be taught by Nina Ruckes who is a Registered Dietician.

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**Tennis Lessons (Grades 1-6)**

**When: Thursday Time: 3:00-4:00 p.m. Dates: 10/12,10/19,11/2,11/9,11/16 (Snow day  
11/30) Cost: \$96 \*no class 10/26**

Marcy's Tennis Academy is offering students the opportunity to learn the lifetime sport of tennis. Participants will learn the forehand, backhand, volley, serve and overhead. Each one-hour lesson will consist of basic strokes, drills and fun-filled games. Players must bring a tennis racquet or may purchase a junior tennis racquet for \$35.00 (check for tennis racquet must be made payable to Marcy's Tennis Academy). Please wear comfortable clothing and sneakers. This fee includes an MTA t-shirt to all players & a tennis progress report.

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### **Chess Club (Grades 1-6)**

**When: Friday Time: 3:00-4:00 Dates: 10/13,10/20,10/27,11/3,11/10,11/17 (Snow day 12/1)  
Cost: \$65**

Why play Chess? Playing chess will improve a student's ability to problem solve, encourages critical thinking, increases visual memory, allows students of varying levels of ability to interact with competitive spirit, and it's fun! This class is for the beginner as well as advanced player. Classes will consist of 20 minutes of lecture/discussion, followed by 40 minutes of supervised play. Ryan Young is the instructor.

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### **Basketball Intramurals (Grades 4-6)**

**When: Friday      Time: 3:00-4:00      Dates: 10/13,10/20,10/27,11/3,11/10,11/17 (Snow day 12/1)  
Cost: \$65**

Basketball intramurals provides an exciting opportunity for students to develop individual athletic skills and learn appropriate sportsmanship while participating in friendly competition. Bruce Warner will be the instructor.

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Please email Tricia Lasto, [tlasto@orange-ed.org](mailto:tlasto@orange-ed.org), with any questions. 21st Century assumes that any child registered for an activity is happy to participate and will behave appropriately. *Refunds will not be given to students removed from an activity due to disruptive behavior.* Online registration will be available beginning Friday, September 29 and will remain open through Saturday, October 7. **Class size is limited and will be on a first-come, first-served basis.**